

MAKING A COMMODE (POTTY CHAIR)

Counselling Card

1

Make a wooden stool or chair.



2

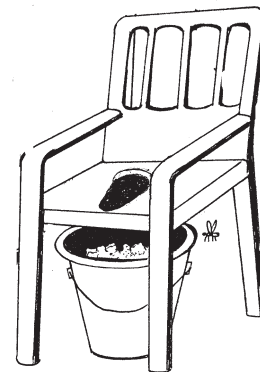
Cut an oval hole in the middle of the stool that “fits” the user (not too big, not too small). Smooth the edge of the hole to avoid bruising.



3

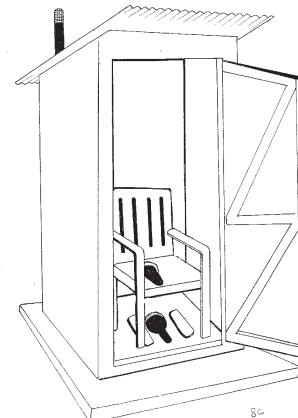
To use commode (potty chair):

- put a bucket beneath the hole in the stool/chair



OR

- put the stool/chair over the hole in the latrine.



Instructions adapted from “Making Adaptations Commode/Potty Chair,” Hospice Africa (Uganda).



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Counseling card 8: How to make a commode

Small doable actions for how to make a commode:

1. Make a wooden stool or chair.
2. Cut an oval hole in the middle of the stool that “fits” the user (not too big, not too small). Smooth the edge of the hole to avoid bruising.

Photo 3 - To use commode (potty chair):

- Put a bucket beneath the hole in the stool/chair
- Put the stool/chair over the hole in the latrine.